

Yearly Overview for PSHE (with RSE)  
Based on the PSHE Association Guidance



Age Phase	Term					
	Autumn		Spring		Summer	
	1	2	1	2	1	2
EYFS R	How can I be part of a team?	What makes me special?	Why is friendship important?	How can we achieve our goals?	How can I look after my body?	How am I changing?
KS1 Y1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
	Y2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	How do we recognise our feelings?
Lower KS2 Y3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
	Y4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can our choices make a difference to others and the environment?	How can we help in an accident or emergency?
Upper KS2 Y5	What makes up a person's identity?	How will we grow and change?	What decisions can people make with money?	How can friends communicate safely?	How can drugs, common to everyday life, affect health?	What jobs would we like?
	Y6	How can we keep healthy as we grow?		How can the media influence people?	What will change as we become more independent? How do friendships change as we grow?	

Strand of study: Living in the Wider World Relationships Health and Wellbeing