

FOOD FESTIVAL

By Aspens

LUNCH MENU

WEEK 1

Autumn/Winter 2023/2024:
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1,
29/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT <i>Meat Dish</i>	Beef Bolognaisse in Our Home Made Tomato Sauce	Mild Chicken Curry with Whole Grain Rice	Sausages & Mashed Potatoes & Gravy	Pizza Margherita with Potato Wedges	Golden Fish Fingers & Chips
MEAT-FREE MAGIC <i>Vegetarian Dish</i>	Cheesy Broccoli Pasta Bake	Sweet Potato Chickpea Balti with Whole Grain Rice	Quorn Sausages with Mashed Potatoes and Gravy	Pizza Margherita with Potato Wedges	Fishless Fingers & Chips
RAINBOW ALLEY <i>Vegetables and Salads</i>	Mixed Salad or Carrot Sticks	Green Beans or Cucumber	Carrots or Tomato Salad	Peas or Carrot Sticks	Baked Beans or Shredded Lettuce
PASTA TWIRLER <i>Topped Pasta</i>	Hot Tomato Pasta with Hidden Veggies				
BIG TOPPING <i>Filled Jacket</i>	Crispy Skin Jackets with Cheese or Beans				
DESSERT TROLLEY <i>Pudding</i>	Marble Sponge Cake	Jelly & Fruit Slices	Flapjack	Lemon Cookie	Vanilla Ice Cream